



THE GROW HAVEN

GROW TENT START-UP CHECKLIST

YOUR ESSENTIAL CHECKLIST TO START GROWING INDOORS



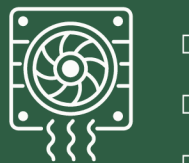
GROW TENT SETUP

- ☐ Tent (2x2, 2x4, or 4x4 depending on space)
- ☐ Mylar interior walls
- ☐ Hanging bars/support rails



LIGHTING SYSTEM

- ☐ Full-spectrum LED grow light
- ☐ Light timer
- ☐ Adjustable hanging ropes



AIRFLOW & VENTILATION

- ☐ Inline fan (4" or 6")
- ☐ Carbon filter for odor control
- ☐ Oscillating fan
- ☐ Flexible ducting + clamps



GROW MEDIUM & CONTAINERS

- ☐ 3-5 gallon fabric or plastic pots
- ☐ Coco coir, soil, or mix
- ☐ Perlite for drainage



TRAINING & MAINTENANCE TOOLS

- ☐ Plant ties or training wire
- ☐ Trellis netting or bamboo stakes
- ☐ Trimming scissors



CLEANLINESS & SAFETY

- ☐ Disposable gloves
- ☐ Rubbing alcohol for tool cleaning
- ☐ Plastic bin or tool bag for supplies



ENVIRONMENT MONITORING

- ☐ Hygrometer/thermometer combo
- ☐ Humidifier/dehumidifier (if needed)
- ☐ AC or space heater (if needed)

Your Grow Journey Starts Here!



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